



HUDSON COUNTY FOOD SECURITY GUIDE

Developed by:



Taking a Stand Against Hunger

Food insecurity is a major determinant of health experienced by far too many people in our community, and the Hudson County Food Security Task Force will mobilize our resources to ensure the long-term food needs of residents are met to support good health. We believe every person in need has a right to affordable and nutritious food obtained with dignity. By improving access to healthy food, increasing awareness of available assistance programs, advocating for policies and programs that improve food security, and engaging community partners, we will fight to eliminate hunger in Hudson County.

www.foodsecurity.hcnj.us | foodsecurity@hcnj.us



Hudson County Executive Craig Guy
& The Board of County Commissioners



FOOD ASSISTANCE PROGRAMS

Hudson County offers several programs to provide eligible adults and children with healthy food and benefits.

Scan the QR codes or visit the websites listed to learn more and apply for benefits.



SNAP Benefits

- Allowance provided for food assistance through an Electronic Benefits Transfer (EBT) card for low-income families
- Apply online or by mail
- Must be 18 or older to apply

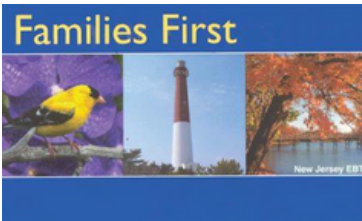
www.njhelps.org • (201) 420-3000



WIC Benefits

- Food allowance and nutrition education program for pregnant women, infants, and children under 5 years old
- Apply at your local WIC agency

www.healthy.nj.gov/health/fhs/wic
(201) 547-6842 • (201) 866-4700



Temporary Assistance to Needy Families (TANF)

- Cash assistance and support services to low-income families with children
- Services provided for both caregivers and youth

www.njhelps.org • (201) 420-3000



Affordable health coverage. Quality care.

NJ Medicaid

- Health insurance to parents/ caretakers and dependent children, pregnant women, and people who are aged, blind or disabled
- Must meet program eligibility requirements

www.njfamilycare.org • 1-800-701-0710

HUNGRY? GET FOOD NOW



Search for food assistance locations in your area by scanning the QR code or visiting www.cfbnj.org/findfood

908-224-7776

COMMUNITY RESOURCES

Check out the below services to find local resources available in your community.



to get help with accessing services (food, utilities, housing, etc.) in your community OR text your ZIP code to 898-211



Scan the QR code or visit www.nj211.org to find resources in your community



Search and connect to support, such as financial assistance, food pantries, medical care, and other free or reduced-cost programs



Scan the QR code or visit www.findhelp.org to find resources in your community

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